



YOUNG ADULT GRACE GROUP

SPRING '24

WEDNESDAY EVENINGS / 5:30 PM - 7 PM
MARCH 20TH, 2024 TO MAY 29TH, 2024

FAITH-BASED MENTAL HEALTH
SUPPORT GROUP

A care group for men and women, ages 18-24, seeking support within a Christ centered outpatient context. Participants will gain tools for mental and emotional resiliency within a safe and life-giving community. Space is limited. Please reach out to Abby if interested!



lead facilitator : Abby Abé
email : aacdya@gmail.com
address : 5130 164th Ave SE, Bellevue, WA 98006

A MINISTRY OF CALVARY CHAPEL EASTSIDE
BELLEVUE, WA